

COMMUNITY BOARDS

THE BASICS OF MEDIATION

2012
TRAININGS

WINTER: Feb 10-12 & 17-19
SUMMER: Jun 15-17 & 22-24
FALL: Oct 5-7 & 12-14

40
HOURS

Community Boards, a leader in community mediation since 1976, has designed its **THE BASICS OF MEDIATION** for interested individuals and working professionals with little or no background in mediation and facilitation. Yet even trained mediators can learn new skills and practices.

BASICS introduces and reinforces those skills critical for effective mediation: communication, problem-solving, conflict resolution and negotiation.

Participants receive training manuals and supplemental handouts, attend lectures and presentations, work together in large and small groups and discover and refine their personal techniques through extensive role-play practices.

An intensive 6-day training, **BASICS** has been structured for those with full and busy schedules. Participants receive a certificate of completion at the training's end.

Learn more: "Become a Mediator" @ www.communityboards.org

25.5 CLE Credits & 35 MFT/LCSW Continuing Education Credits Awarded

Participants learn and practice:

- + Conflict theory
- + Stages of mediated problem solving
- + Balancing power
- + Managing a negotiation
- + Cultural and gender issues in mediation
- + Essential communication skills
- + Dealing with strong emotions
- + Breaking impasse
- + De-escalating anger
- + Drafting agreements that work

"How do your trainers do it? Our training group was really diverse with different learning styles. By the end of the second day, I really noticed how everyone's skill level improved. I surprised myself by how much I learned about mediating by working with the other trainees. I learned how to work as a part of a group and how important it is to support each other."

\$695

Full & Partial Neighborhood
Scholarships Awarded*

*To apply, please contact Cordell Wesslink.

\$395

Academic rate for undergradu-
ate & graduate students*

*No scholarships. For details, please contact Cordell Wesslink.

TRAINING
TIMES

Two Consecutive Weekends: Fri, 5-9pm & Sat & Sun, 9am-6pm

For more information contact: Cordell Wesslink, Interim Mediation Program Manager
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